



Item #: FC001

# Lamb Weston® Fully Cooked - Heat & Serve 3/8" Diced Potatoes

Brand: Lamb Weston® Fully Cooked – Heat & Serve

Cut Size: 3/8" x 3/8" x 1/2" Package Size: 6/5#

Tender skin-on diced potatoes with great potato flavor. These dices are exceptionally versatile in recipes for breakfast, lunch, and dinner while also saving you time and labor with no prep required.

#### **OPERATOR BENEFITS**



This product does not require a cooking step for food safety.



This product can be refrigerated <40F (<5C) up to 48 hours if unopened.



Save time and labor by replacing back-of-house cutting, peeling, and prepping with a ready-to-go solution right out of the freezer.



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



Try our variety of pre-seasoned offerings for quick and convenient back-of-house solutions.

### **NUTRITION AND COOKING METHODS**

Serving size: 2/3 Cup (84g)

Servings per container: About 160

Calories [per serving]: 60

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	0.0g	0%
Saturated Fat	0.0g	0%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	10.0mg	0%
Total Carbohydrate	12.0g	
Dietary Fiber	1.0g	4%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	10.0mg	0%
Iron	0.3mg	0%
Potassium	10.0mg	0%

Ingredients: Potatoes.

Grade: A Kosher: No Halal: Yes

Cooking Method	Time	Temperature	Additional Instructions
Preparation			This product is fully cooked. May serve thawed or heat in a conventional oven, convection oven, quick cook oven, microwave, or on a flat grill.
Flat Grill	7 - 12 minutes	350°F - 400°F	Add 3-5 Tablespoons of oil onto grill. Spread 6-8 oz. dices evenly over the oil. Grill for 4-6 mins. Add 1-3 Tablespoons of oil over dices just prior to flipping. Flip and heat for 3-6 more minutes.

## SHIPPING AND STORAGE

Shipping Information	
Item Number	FC001
GTIN	10044979122407
Net Weight	30.0 lb
Gross Weight	32.0 lb
Count Per Pound	N/A
Case Cube	1.09
Ti/Hi	9,8
Country of Origin	US
Shelf Life	540 days

## **Handling Instructions**

HANDLE LIKE EGGS, DO NOT DROP!
PERISHABLE - SHIP FROZEN & KEEP
FROZEN.UNOPENED BAG MAY BE
REFRIGERATED <40°F (5°C) FOR UP TO 48
HOURS. CONSUME ONCE OPENED. HEAT
FOR QUALITY.