



Item #: J0032

## Lamb Weston® Potato Stix

Brand: Lamb Weston®  
Cut Size: Formed Approx. 28 ct/lb  
Package Size: 6/4#

Lamb Weston® has the perfect potato offerings to meet your every need, providing a wide variety of unique choices. These uniquely shaped hashbrown sticks stand out from classic tots, are perfectly portionable, and great served anytime of the day.

### OPERATOR BENEFITS



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



The uniform size leads to better portion control, less waste for your operations, and makes it easier to calculate product costs.



Heat up and crisp up in the microwave! Also great for back-of-house flexibility to serve re-freshable product.

### NUTRITION AND COOKING METHODS

**Serving size: 3 oz (84 g/about 5 pieces)**  
**Servings per container: About 128**  
**Calories [per serving]: 170**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	9.0g	12%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	330.0mg	14%
Total Carbohydrate	20.0g	
Dietary Fiber	2.0g	7%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	11.0mg	0%
Iron	0.72mg	4%
Potassium	330.0mg	6%

**Ingredients:** Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Contains 2% or less of: Salt, Corn Flour, Dehydrated Potato, Disodium DihydrogenPyrophosphate (to promote color retention), Dextrose.

**Grade:** A  
**Kosher:** No  
**Halal:** Yes

Cooking Method	Time	Temperature	Additional Instructions
			FOR FOOD SAFETY, FOLLOW COOKING INSTRUCTIONS ON THE PACKAGE. KEEP FROZEN – DO NOT THAW. For food safety, read and follow the cooking instructions as product must reach a minimum of 165F (74C) internal temperature as measured by a food thermometer in several spots.
Deep Fry	2 1/4 - 2 3/4 minutes	345-350F (174-177C)	Amount: 1 1/2 LB (680g). Deep fry from frozen state. Fill basket 1/2 full.
Conventional Oven	20 - 25 minutes	400F (205C)	Amount: 1 1/2 LB (680g). Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.
Convection Oven	10 - 12 minutes	400F (205C)	Amount: 1 1/2 LB (680g). Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.

## SHIPPING AND STORAGE

### Shipping Information

Item Number	J0032
GTIN	10044979100320
Net Weight	24.0 lb
Gross Weight	26.0 lb
Count Per Pound	N/A
Case Cube	1.13
Ti/Hi	9,9
Country of Origin	US
Shelf Life	720 days

### Handling Instructions

Handle with care, do not drop! Ship frozen - Perishable. Keep frozen at 0°F (-18°C).